

# GLOBAL WELLNESS DAY

JOIN US AT THE VICTORY CLUB TO CELEBRATE  
Global Wellness Day • June 11, 2016

Be part of a worldwide movement to integrate physical, emotional and psychological wellness. Take your next steps to ignite a lifestyle of living well, and have some fun doing it! **\$5 Early Bird | \$10 at the Door**

CALL **623-533-4466** Ext. 2 TODAY TO **PRE-REGISTER**  
The Victory Club | Victory at Verrado  
5325 N. Verrado Way Buckeye, AZ 85396



**8:00A**  
Outdoor Yoga



**8:30A**  
Fresh Juice Tasting



**9:00A**  
Wellness Chat featuring  
Dr. Nemechek



**9:45A**  
Healthy Cooking Class  
featuring Chef Robe



**10:15A**  
Neurosculpting with  
Natascha



**10:45A**  
Wellness Stations\*

The Day That May Change Your Whole Life

Save  
The Date  
June 11<sup>th</sup> 2016

The Spa  
AT THE VICTORY CLUB

THE VIC  
BAR + KITCHEN

Victory<sup>®</sup>  
AT VERRADO

\*Wellness Stations include Personal Trainers, Chair Massage and Health Screenings